

EPISODE 149 COMMUNICATION LESSONS FROM THE GOLF COURSE

Golf is *more* than a game, it can teach life lessons

1. GOLF IS ABOUT ATTITUDE

- Golf is a demanding game, so it can involve anger and frustration
- Old saying: “Misery loves company”
- But your company doesn’t love misery
- People have limited interest in your frustration
- Are you poisoning the environment with a toxic attitude?
- Are you always angry, frustrated, complaining?

2. GOLF IS ABOUT ENJOYING THE MOMENT

- At a basic level, golf is a nice walk
- It’s a shame to let a game rob you of such a nice walk
- Remember to: Enjoy the break, your friends, the setting, the game itself
- You may only get one or two of these. Focus on those.
- Life, work, and relationships all have their demands and frustrations
- But don’t let the “game” rob you of a nice walk

3. GOLF IS NOT ABOUT EQUIPMENT

- Better equipment doesn’t make you a better golfer
- In fact, preoccupation with equipment can distract from the game
- Some golf clubs have installed USB chargers in their golf carts
- Technology is intended to facilitate connection, but it can prevent connection

4. GOLF IS ABOUT HAVING A SENSE OF HUMOR

- If you’re going to enjoy golf, you’d better have a sense of humor
- A good lesson for life in general: Laugh at yourself before someone else does

5. GOLF IS ABOUT CONNECTION

- Games were created to create connection
- When you take out the connection, the game loses a lot
- The four enjoyments of golf: The game, The beauty of nature, Connection with friends, .
Unplugging

Are there other communication-related topics you’d like to hear the Communication
Guys address? Let us know on our [Facebook page](#).